

# Medications to Avoid Before and After Surgery

Medications on this list should be stopped 2 weeks before surgery. All other medications that you are currently taking must be specifically cleared by us prior to surgery.

## Aspirin Medications to Avoid

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ALL Alka-Seltzer products	ALL EXCEDRIN products	Anything w/ "ASA"
Asacol	Aspirin Arthritis Pain Formula	Bayer Products
Bismatrol products	Buffered Aspirin	Bufferin products
Butal/ASA/Caffeine	Butalbital Compound	Coricidin
Darvon/ASA	Doan's products	Dristan
Duragesic	Ecotrin products	Fiorcet (for migraines)
Fiorinal products	Headache Powders	Lortab with ASA
Magnesium Salicylate	Mobic	Norgesic/Mono-Gesic products
Norwich products	Pepto-Bismol	PercoDAN products
Pink Bismuth	Sodium Salicylate	SOMA Compound with aspirin
St. Joseph Aspirin	Sulfasalazine	Suprax
TALWIN		

## Ibuprofen Medications to Avoid

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ALL ALEVE products	ALL ADVIL products	ALL MOTRIN products
ALL NAPROSYN products	Any product w/ "IBU"	Diclofenac/ARTHROTEC
Etodolac/TORADOL	IBUPROFEN	Indomethacin/Indocin products
Ketoprofen	Ketorolac/VOLTAREN	MIDOL/PAMPRIN products
Nabumetone	Naproxen (w/ or w/out Sodium)	Nuprin
Relafen	Sulindac	

## Other Medications to Avoid

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Actifed	Chia seed products	ALL fish oils
ALL Flax seed products	Omega-3 fatty acids	Any protein shakes w/ Vit E or green
Children's/"baby"/low dose Aspirin		Combo cold preparations Contac
Cortisone/PREDNISONONE/Steroids		Coumadin/Warfarin
Emergen-C packets		
Energy drinks (i.e. Rock Star)	Enoxaparin injection/LOVENOX	Garlic Pills
Heparin	Vitamin E/ANY MULTI Vitamin	

## Herbal Medications to Avoid

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ALL GREEN TEA products	Anything you don't know the ingredients of	Black Cohash
Chinese herbal w/ unknown ingredients		Echinacea products
Evening Primrose		
Ginkgo Biloba	Ginseng	Soy compounds for hot flashes
St. John's Wort	Willow Bark products	